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Study on The Legal Complexities Surrounding Medical Negligence in Telemedicine in India

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Abstract Telemedicine has become a transformative solution in healthcare, offering opportunities for patients and healthcare providers to connect across distances. However, its rapid adoption has introduced significant legal challenges, particularly regarding medical negligence, data privacy and regulatory compliance. This study aimed to examine these legal complexities in India's evolving healthcare landscape. An empirical research methodology was employed, with a sample of 400 respondents from Chennai, using structured questionnaires to capture both quantitative and qualitative data on telemedicine's effectiveness, public perceptions and legal challenges. Data were analyzed through visual tools like pie charts and bar charts to identify trends and patterns. The study revealed that the majority of respondents supported increased awareness of telemedicine, with 61% agreeing that it could improve healthcare accessibility. Telemedicine's effectiveness was rated moderately high, with 29% giving it a 7 out of 10. However, concerns about medical negligence were prominent, especially regarding the lack of physical examination, which was cited as a major factor contributing to errors. Participants also widely supported more awareness of the Telemedicine Practice Guidelines (2020), with 51% highly agreeing. Increased access to healthcare was identified as the key benefit of telemedicine, particularly for patients in remote areas. These findings suggest that while telemedicine offers significant benefits, concerns about negligence, technical issues and the need for regulatory awareness among healthcare providers are pressing. To ensure safe and effective telemedicine practices, it is essential to address these challenges through clearer legal frameworks and technological improvements. Overall, the study emphasizes the importance of ongoing collaboration between legal experts, healthcare providers and policymakers to refine telemedicine practices, mitigate legal risks and maximize its potential in enhancing healthcare accessibility in India.

Key Words Medical Negligence, Telemedicine Law, Healthcare Regulations, Medical Liability, Standard of Care, Indian Healthcare System, Patient Rights, Digital Health Ethics, Causation in Medical Negligence

INTRODUCTION

The rapid evolution of telemedicine has significantly transformed the healthcare landscape, reshaping the traditional doctor-patient dynamic and broadening access to medical services. While telemedicine offers unparalleled convenience and efficiency, it simultaneously presents a myriad of legal complexities, particularly in the realm of medical negligence. This introduction examines the intricate legal considerations associated with telemedicine, addressing

challenges such as jurisdictional ambiguities, privacy concerns, liability issues and the integration of emerging technologies in medical practice.

Telemedicine encompasses a diverse range of services, from virtual consultations conducted via digital platforms to remote patient monitoring enabled by wearable devices and Internet of Things (IoT) technologies. The expansion of telemedicine has successfully transcended geographical barriers, ensuring broader access to healthcare services.

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However, the legal and ethical challenges related to maintaining the quality and safety of virtual medical care are becoming increasingly complex. A significant concern is the disparity between traditional legal frameworks and the unique attributes of telemedicine. Laws governing in-person medical encounters do not seamlessly translate into the digital realm, necessitating a careful recalibration of existing legal structures to balance patient rights with the protection of healthcare providers.

A key legal challenge in telemedicine arises from jurisdictional uncertainties, as healthcare providers and patients may be located in different regions or countries. The determination of applicable legal jurisdiction influences matters of licensure, liability and malpractice, making it imperative to establish standardized legal frameworks and foster international cooperation to address cross-border consultations.

Moreover, telemedicine involves the exchange of highly sensitive patient data across digital networks, heightening concerns about data security and confidentiality. Healthcare providers and telemedicine platforms must comply with stringent cybersecurity protocols and data protection laws to mitigate risks associated with unauthorized access, breaches and misuse of patient information. These legal obligations necessitate robust regulatory measures to ensure compliance and accountability in virtual healthcare services.

The integration of Artificial Intelligence (AI) in telemedicine further complicates legal accountability. AI-driven diagnostic tools enhance medical decision-making, yet they introduce questions regarding liability in cases of diagnostic errors or algorithmic biases. Additionally, the legal implications of continuous remote monitoring using wearable devices must be considered, particularly regarding informed consent, data reliability and the legal interpretation of real-time patient health metrics.

Ethical considerations also play a crucial role in shaping telemedicine regulations, particularly in the context of informed consent and patient autonomy. The absence of physical presence in virtual consultations may affect patient comprehension and decision-making, necessitating clear communication protocols and ethical guidelines to uphold transparency in telemedicine interactions. Ensuring legal safeguards for healthcare providers engaged in telemedicine is equally essential for fostering trust in virtual healthcare. Addressing liability concerns, establishing professional standards and ensuring accountability for the quality of virtual care require comprehensive and adaptive legal frameworks that evolve in tandem with technological advancements.

As telemedicine becomes increasingly integrated into mainstream healthcare, addressing these legal complexities is imperative to maintain the ethical and legal integrity of remote medical services. This study aims to provide an in-depth examination of the legal challenges associated with medical negligence in telemedicine, emphasizing the

necessity for continuous legal adaptation and a proactive approach to preempt and mitigate future challenges.

Objectives

- To analyze the feasibility and effectiveness of telemedicine in India, assessing its benefits and potential limitations in the delivery of healthcare services
- To investigate the legal challenges encountered by healthcare providers and patients in telemedicine, focusing on issues such as medical malpractice, data privacy and regulatory compliance
- To evaluate the implications of medical negligence in telemedicine and determine the legal liability of stakeholders, including healthcare providers, technology platforms and patients in cases of adverse medical outcomes
- To assess public perception regarding telemedicine and its role in improving healthcare accessibility and outcomes, while examining the effectiveness of existing regulatory frameworks in mitigating medical negligence within India's telemedicine sector

REVIEW OF LITERATURE

The evolution of telemedicine has been widely studied, particularly in relation to its legal and ethical implications. Stanberry [1] provides a comprehensive analysis of the responsibilities and potential liabilities of healthcare professionals, emphasizing the importance of confidentiality and privacy in patient records, as well as the jurisdictional challenges posed by cross-border consultations. The integration of telecommunications in medical care, as explored by Granade [2], highlights how telemedicine effectively combines traditional healthcare practices with modern technological advancements to facilitate both national and international healthcare delivery.

The role of telemedicine in addressing healthcare disparities is underscored by Alverson [3], who argues that patients in remote and underserved areas should not have to compromise the quality of care they receive. However, the increasing reliance on Information and Communication Technology (ICT) in telemedicine also raises concerns regarding ethical and legal frameworks, as discussed by Nittari *et al.* [4]. Their research identifies key challenges in implementing telemedicine, including compliance with data security regulations and liability concerns.

The legal intricacies of cross-border teleconsultations have been extensively examined by Stanberry [5], who highlights the difficulty of determining liability and applicable legal frameworks when medical consultations take place across different jurisdictions. Similarly, Kuszler [6] discusses the transformative impact of telemedicine on traditional medical practices, arguing that while it enhances healthcare access and efficiency, it also necessitates new ethical considerations and legal regulations.



The principle of liability in telemedicine has been further explored by Anwar [7], who incorporates statutory, conceptual and case law approaches to emphasize the necessity of well-defined legal principles in determining responsibility in telemedicine-related malpractice cases. Rannefeld [8] similarly underscores the importance of national standards of care for telemedicine, cautioning that inconsistent regulations can lead to malpractice risks and legal uncertainty for healthcare providers. Within the Indian context, Ram *et al.* [9] and Ateriya *et al.* [10] highlight the absence of specific laws governing telemedicine practice, which poses challenges in licensure, regulation and compliance, ultimately deterring practitioners from fully embracing telemedicine's benefits.

Artificial intelligence (AI) has further complicated the legal landscape of telemedicine, offering advancements in diagnostic accuracy while raising questions of liability. Niranjana and Sundaram [11] explore the role of AI-driven diagnostic tools in virtual consultations, highlighting their potential to reduce errors but also raising concerns over responsibility in cases of misdiagnosis. Aariya and Anil [12] extend this discussion by examining ethical dilemmas in AI-driven healthcare, arguing that transparency, algorithmic fairness and human oversight are essential in maintaining trust and accountability. Similarly, Singh and Singh [13] analyze how telemedicine has enhanced patient and physician safety in high-risk scenarios such as pandemics, suggesting that its integration into mainstream healthcare can improve efficiency and patient outcomes.

Cybersecurity and data protection remain critical concerns in the telemedicine ecosystem. As Vezhaventhan and Jagannathan [14] observe, the transmission of sensitive medical data over digital networks increases the risk of data breaches, necessitating stronger encryption protocols and stringent cybersecurity measures. Meanwhile, Aswathy and Nair [15] emphasize the need for robust data protection regulations in telemedicine, particularly under India's Personal Data Protection Bill, to ensure compliance and mitigate risks associated with unauthorized access and data exploitation. Bhattacharya [16] and Selvamuthu *et al.* [17] further calls for clear regulatory measures addressing liability concerns surrounding telemedicine platforms, advocating for a balanced approach that fosters innovation while ensuring patient safety.

As telemedicine continues to evolve, legal frameworks must adapt to address these emerging challenges.

Research Gap

Despite the growing body of literature on telemedicine, significant gaps remain in understanding the legal implications of medical negligence in virtual healthcare. While previous studies have addressed the legal and ethical concerns surrounding telemedicine [1,4], there is limited research focusing on how India's existing

legal framework accommodates the unique challenges posed by digital healthcare services.

One of the primary gaps in current research is the absence of a comprehensive analysis of liability in telemedicine-related medical negligence cases. Studies such as Kuszler [6] and Rowland *et al.* [18] discuss general malpractice risks in digital health but do not provide a detailed examination of how liability should be allocated among healthcare providers, technology platforms and patients in a jurisdiction like India. Given the increasing reliance on telemedicine, there is a pressing need to explore how accountability should be structured in cases of adverse medical outcomes.

Another research gap pertains to the regulatory challenges surrounding cross-border telemedicine consultations. While Stanberry [5] and Alverson [3] have examined jurisdictional complexities, there is insufficient research on how India's legal framework addresses liability when medical consultations extend beyond national boundaries.

Moreover, while literature on data security and patient privacy in telemedicine [16] highlights the importance of robust cybersecurity measures, there is a lack of research on whether India's current data protection laws are adequately equipped to handle telemedicine-specific privacy concerns. The integration of artificial intelligence (AI) and remote monitoring devices in virtual healthcare further complicates the legal landscape, yet studies such as Mukhopadhyay and Ghosh [19] and Singh and Singh [13] primarily focus on technological advancements rather than the corresponding legal frameworks.

The findings from this review highlight the urgent need for comprehensive regulatory structures that balance innovation with ethical considerations, ensuring accountability, patient safety and equitable healthcare access. Future research should focus on refining liability standards, strengthening cybersecurity protections and addressing the complexities introduced by AI and cross-border teleconsultations to create a legally sound and ethically responsible telemedicine ecosystem.

Additionally, there is a gap in understanding public perception of telemedicine and its implications for legal accountability. While previous studies emphasize regulatory shortcomings [10,20], limited research has been conducted on how patients and healthcare providers perceive legal risks and the effectiveness of existing laws in protecting their interests.

This study aims to address these research gaps by evaluating the feasibility and effectiveness of telemedicine in India, analyzing legal challenges related to malpractice and liability, examining public perception of telemedicine's role in healthcare and assessing the adequacy of current regulatory frameworks in mitigating medical negligence risks.

METHODS

The study adopts an quantitative research method to analyze the legal implications of telemedicine, particularly in cases of



medical negligence. Quantitative research is well-suited for this study as it enables data-driven insights into public perception, awareness and experiences related to telemedicine. The study was conducted within Chennai, a metropolitan city with a diverse population, making it an ideal location for assessing varying levels of awareness and accessibility to telemedicine services.

Sampling Method & Sample Size

The study employs the Cluster Sampling Method to ensure broad representation across different demographic groups. This method is appropriate for a city like Chennai, where access to healthcare and digital literacy levels vary significantly. The sample size of 400 respondents was determined to provide a statistically significant dataset that allows for meaningful inferences and generalizations.

Data Collection Method

A structured questionnaire was used as the primary data collection instrument. Structured questionnaires ensure uniformity in responses, allowing for a systematic analysis of key variables. The questionnaire was designed to capture both quantitative and qualitative insights, covering aspects such as (Figure 1-6):

Independent Variables

- Age
- · Income level
- Gender
- Occupation
- Educational qualification
- Marital status

Dependent Variables

- Perceived advantages of telemedicine
- Contribution to medical negligence cases
- Awareness of legal aspects in telemedicine
- Factors influencing the adoption of telemedicine
- Reduction of medical negligence through telemedicine
- Rating of telemedicine effectiveness

Data Analysis

The collected data were analyzed using visual representation methods, including pie charts and bar charts, to facilitate clear and effective interpretation. These graphical tools enable the identification of trends, patterns and correlations within the dataset.

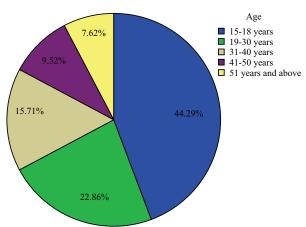


Figure 1: Figure represents the age of respondents

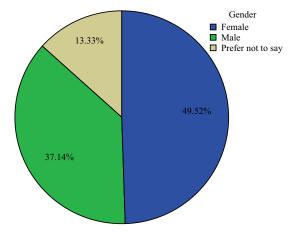


Figure 2: Figure represents the gender of respondents



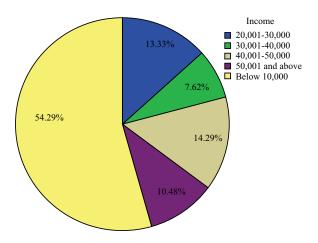


Figure 3: Figure represents the annual income of respondents

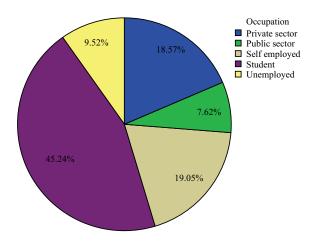


Figure 4: Figure represents the occupation of respondents

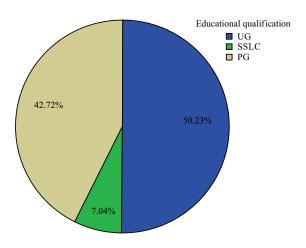


Figure 5: The educational qualification distribution of the sample respondents

RESULTS

The study gathered responses from 400 participants, focusing on demographic characteristics and public

perceptions regarding telemedicine. The findings highlight key insights into telemedicine's benefits, challenges and legal implications.



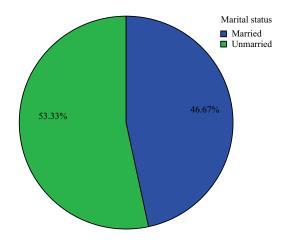


Figure 6: The marital status of the sample respondents

The demographic profile of respondents revealed that the majority were below the age of 20 (61%), followed by those aged 31-40 (20%) and 20-30 (18%). The representation of older age groups, including 41-50, 51-60 and above 60, was minimal, comprising less than 1% of the sample. Gender distribution indicated a slightly higher percentage of female respondents (52%) compared to males (40%), with 7% choosing not to disclose their gender. In terms of annual income, 61% of respondents earned below 1,00,000, 45% fell within the 1,00,000-2,00,000 range, 16% had an income of 2,00,000 and 11% reported earning between 3,00,000-Regarding educational qualifications, undergraduates formed the largest group (88%), while postgraduates accounted for 11%. Occupational data showed that students comprised the majority (61%), followed by public sector employees (20%), private sector employees (11%) and self-employed individuals (7%). Marital status data revealed that 53% of respondents were unmarried, while 46% were married.

When asked about the necessity of increasing awareness of telemedicine, an overwhelming majority supported the idea, with 61% agreeing and 38% highly agreeing. A further analysis comparing responses with income levels showed that 46% of respondents with lower income levels agreed on the need for greater awareness, while 17% highly agreed. The effectiveness of telemedicine consultations was assessed through a rating system, where 29% of participants rated it a 7 out of 10, while 17% rated it either 5 or 8 and 5% rated it a 6.

Concerns regarding medical negligence in telemedicine were also explored. Participants were asked whether technical and connectivity issues contributed to medical negligence. The highest percentage (32%) remained neutral on this issue, while 20% highly agreed and 14% agreed. Factors contributing to medical negligence in telehealth were examined, with the most commonly cited issue being a lack of technological support or awareness (31%), followed by a lack of physical examination (20%), misinterpretation of

information (17%) and communication or language barriers (15%). When evaluating whether doctors and physicians should receive more awareness of the Telemedicine Practice Guidelines 2020 to mitigate medical negligence, 51% highly agreed, while 49% remained neutral.

The study also examined the perceived benefits of telemedicine. The most significant advantage cited was increased access to healthcare (37%), followed closely by a lower risk of infections (32%) and travel and time convenience (29%). Additionally, technical and connectivity issues in telemedicine were analyzed based on occupation, where 34% of respondents remained neutral, while 15% agreed and another 15% highly agreed that such issues contribute to medical negligence.

These findings provide crucial insights into the public's perception of telemedicine, highlighting both its advantages and the legal concerns surrounding medical negligence. The results emphasize the necessity for regulatory improvements, increased awareness and technological advancements to enhance the effectiveness of telemedicine while mitigating associated risks.

DISCUSSION

The findings from this study reveal significant insights into the public's perception of telemedicine in India, focusing on its effectiveness, accessibility and associated legal concerns, particularly medical negligence. The results underscore both the promising benefits of telemedicine and the challenges it faces in terms of legal safeguards and technical limitations.

Awareness and Accessibility

One of the most striking findings is the overwhelming consensus on the need for increased awareness of telemedicine. A majority of respondents agreed that greater awareness could enhance accessibility for those unable to travel for in-person consultations. This is evident from the responses in Figure 7, which show that a significant proportion of respondents agree with the idea of raising



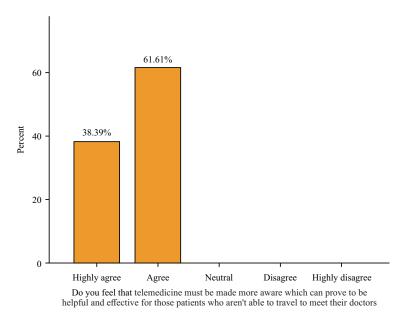


Figure 7: Figure represents the opinion of the respondents on whether telemedicine must be made more aware which can prove to be helpful and effective for those patients who aren't able to travel to meet their doctors

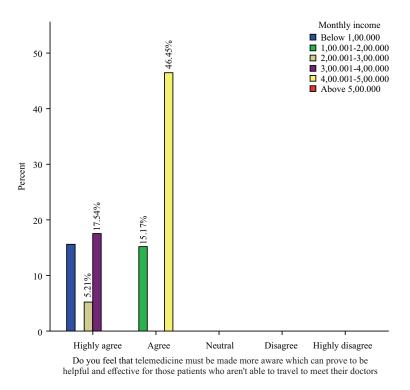


Figure 8: Figure represents the opinion of the respondents if whether telemedicine must be made more aware which can prove to be helpful and effective for those patients who aren't able to travel to meet their doctors compared with monthly income

awareness to improve access. Further analysis in Figure 8 reveals that those with lower monthly incomes particularly value this increased awareness, suggesting that telemedicine

could be especially beneficial for lower-income groups who may face challenges in accessing traditional healthcare services. These insights highlight a potential area for



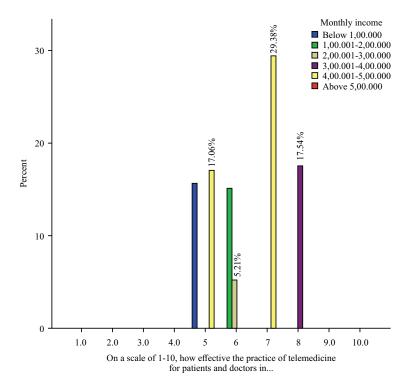


Figure 9: Figure represents the opinion of the respondents on how effective the practice of telemedicine for patients and doctors in consultations compared with monthly income

intervention, such as government campaigns or partnerships with healthcare providers to increase telemedicine literacy and adoption across diverse demographic segments.

Effectiveness of Telemedicine

The effectiveness of telemedicine was rated relatively highly, with a significant portion of respondents rating its effectiveness at 7/10. Figure 9 reveals that this rating was the most common, indicating that while telemedicine is recognized for its benefits, particularly in terms of convenience and accessibility, there is still room for improvement in its implementation or user experience. This finding aligns with the concerns expressed about its limitations, such as technical and connectivity issues, which could affect the quality of consultations. However, the data also reveals that respondents acknowledged the psychological and physical benefits, indicating that telemedicine is meeting the needs of many patients who require regular healthcare consultations without the need for travel.

Concerns About Medical Negligence

A major concern highlighted in the study is the potential for medical negligence due to the lack of direct physical examination and technical barriers. The findings revealed that the most commonly cited factor contributing to medical negligence in telemedicine was the inability to conduct a physical examination. Figure 11 shows that the lack of physical examination was the most common response, which is consistent with the nature of telemedicine, where

consultations are often limited to verbal and visual assessments. The respondents' awareness of this limitation suggests a need for better guidelines and technological solutions to mitigate these risks. Further, while respondents acknowledged that connectivity issues could contribute to negligence, there was a more neutral stance on this issue, as shown in Figure 10 and 16, indicating some uncertainty about the severity of this problem.

Telemedicine Practice Guidelines and Legal Concerns

The study strongly suggests that respondents believe more awareness of the Telemedicine Practice Guidelines 2020 is crucial to reducing cases of medical negligence. Figure 12 shows that a majority of respondents agreed that doctors should receive greater education and training on these guidelines to ensure compliance and mitigate risks. This finding points to a potential gap in healthcare provider preparedness, indicating that while telemedicine guidelines are in place, they may not be sufficiently enforced or understood within the medical community. The fact that respondents, especially those with higher educational qualifications, strongly supported the need for better awareness of these guidelines further underscores the importance of legal safeguards to protect both patients and healthcare providers.

Benefits of Telemedicine

The most frequently cited benefit of telemedicine was increased access to healthcare, particularly for patients living



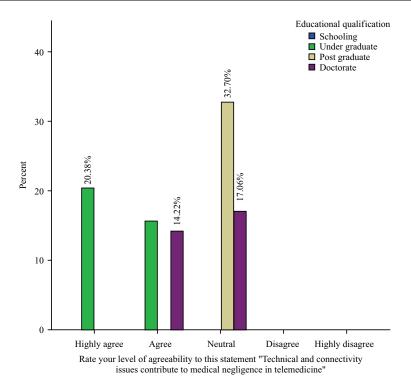


Figure 10: Figure represents the opinion of respondents on the question of whether Technical and connectivity issues contribute to medical negligence in telemedicine compared with educational qualifications

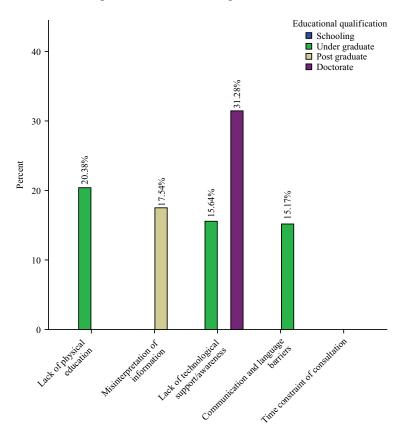


Figure 11: Figure represents the opinion of the respondents on the major factors that contribute to medical negligence in telehealth



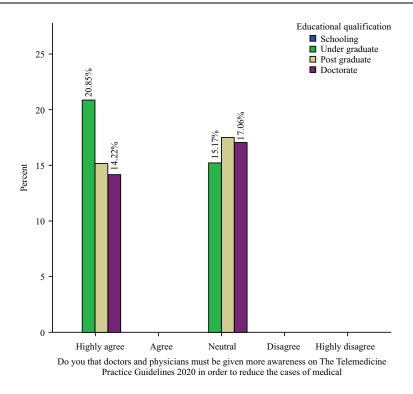


Figure 12: Figure represents the opinion of the respondents on whether doctors and physicians must be given more awareness on The Telemedicine Practice Guidelines 2020 in order to reduce the cases of medical compared with educational qualification

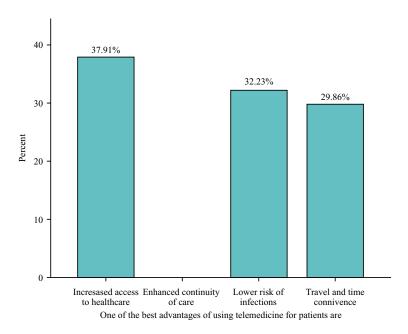
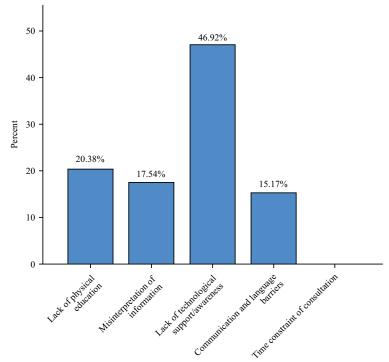


Figure 13: Figure represents the opinion of the respondents on what are the best advantages of using telemedicine for patients

in remote or underserved areas. Figure 13 shows that this was the highest-rated advantage, highlighting one of the most significant benefits of telemedicine in the Indian context—its ability to connect patients with healthcare professionals despite geographical barriers. Other benefits, such as the reduced risk of infection and time-saving aspects, were also

emphasized, especially by those who identified with the convenience of receiving care without the need to travel long distances. Figure 13 further reinforces the view that telemedicine is particularly beneficial for those who would otherwise face significant barriers to accessing healthcare services.





The main factors which contribute to medical negligence in tele-health

Figure 14: Figure represents the opinion of the respondents on the major factors that contribute to medical negligence in telehealth

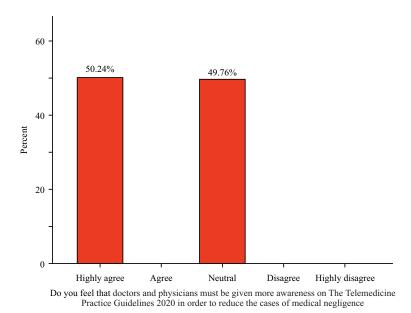


Figure 15: Figure represents the opinion of the respondents on whether doctors and physicians must be given more awareness on The Telemedicine Practice Guidelines 2020 in order to reduce the cases of medical

Neutral Stance on Technical Issues

The neutral responses regarding the impact of technical and connectivity issues on medical negligence reflect a cautious stance on the part of many respondents (Figure 14). Figure 10

and 16 show that while a significant portion of respondents were neutral on whether technical failures contribute to medical negligence, others were uncertain about the severity of this problem. This could indicate a lack of consensus on



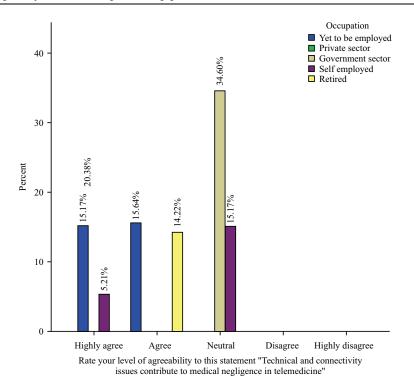


Figure 16: Figure represents the opinion of the respondents on the statement on the Technical and connectivity issues contribute to medical negligence in telemedicine compared with occupation

whether these issues are significant enough to warrant substantial concern. However, it also suggests that there is some ambivalence in the general public's understanding of the technical aspects of telemedicine. It would be important for future studies to delve deeper into this area, especially to understand the specific types of technical failures (e.g., poor video quality, connectivity drops) that contribute to perceived medical negligence.

The findings from this study underscore the importance of improving public awareness of telemedicine and enhancing the legal and technical frameworks surrounding its practice. While telemedicine offers clear advantages in terms of accessibility and convenience, the concerns about medical negligence, particularly related to the lack of physical examinations and technical limitations, must be addressed. The public's strong support for more awareness of telemedicine guidelines among healthcare professionals reflects a clear desire for a more structured and legally sound approach to telemedicine practice. Figure 12 and 15 highlight the need for better education on the Telemedicine Practice Guidelines 2020 to reduce medical negligence. This could involve expanding training for healthcare providers, improving technological infrastructure and refining regulatory oversight to ensure telemedicine reaches its full potential in improving healthcare delivery while minimizing legal risks.

Limitation

This study faced several limitations that could affect the generalizability and depth of the findings. Firstly, due to time constraints, the scope of the study was limited to a specific geographic area (Chennai), which may not fully capture the diverse experiences and perceptions of telemedicine across different regions of India. A broader, nationwide sample would have allowed for more comprehensive insights into the various demographic and regional factors that influence telemedicine adoption and its legal implications.

CONCLUSION

The rise of telemedicine has transformed the healthcare landscape, breaking geographical barriers and enhancing the accessibility of medical services. By enabling remote consultations, telemedicine has provided a vital solution for individuals facing challenges in accessing traditional healthcare due to location, financial constraints, or mobility issues. While this digital shift has brought undeniable benefits, it has also introduced significant legal complexities that require careful consideration from healthcare providers, regulatory authorities and policymakers.

One of the primary legal challenges highlighted in this study is the difficulty healthcare providers face in ensuring compliance with regional regulations and data protection laws. The cross-jurisdictional nature of virtual consultations raises concerns regarding licensure, liability and the enforcement of medical standards. The findings from Figure 10, 12 and 16 underscore the legal uncertainties surrounding medical negligence in telemedicine, particularly due to the lack of physical examinations, which complicates the assessment of medical errors and breaches of duty.



Respondents expressed concerns about the accountability of healthcare providers and patients in such cases, emphasizing the need for clearer legal frameworks.

Beyond legal considerations, this study also revealed that while telemedicine significantly improves healthcare accessibility (Figure 13), its adoption is hindered by technological barriers. Connectivity issues, miscommunication due to the absence of in-person interactions and the improper use of telemedicine platforms were cited as key contributors to medical negligence (Figure 11 and 16). These concerns align with the study's objective of evaluating the legal implications of telemedicinerelated malpractice, where data protection, cybersecurity and adherence to the Telemedicine Practice Guidelines (2020) emerged as critical areas of focus. The widespread support for increased awareness and training in telemedicine regulations (Figure 12 and 15) further highlights the necessity of equipping healthcare providers with adequate legal and technical knowledge to minimize risks and enhance patient outcomes.

Given these findings, it is imperative to develop a comprehensive legal framework that specifically addresses the nuances of telemedicine. This includes formulating clear guidelines on cross-border medical practice, well-defined licensure requirements and stronger data protection measures to safeguard patient confidentiality. Additionally, mitigating risks related to medical negligence requires strengthening technical infrastructure, improving digital literacy among healthcare providers and ensuring strict adherence to telemedicine regulations.

Achieving these objectives necessitates collaborative efforts between legal and healthcare stakeholders. Policymakers, medical professionals and technology experts must work together to refine the regulatory landscape and ensure the seamless integration of telemedicine into mainstream healthcare. Ongoing education, continuous regulatory adaptation and advancements in digital health technologies are essential to fostering a telemedicine ecosystem that is legally sound, technologically robust and ethically responsible.

Ultimately, this study reaffirms that while telemedicine holds immense potential to revolutionize healthcare, its long-term success depends on the establishment of a strong legal framework that ensures accountability, protects patient rights and promotes safe and effective virtual medical practices. By addressing these legal and ethical challenges proactively, telemedicine can fulfill its promise as a sustainable, equitable and reliable healthcare solution for the future.

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